

FOUNDATIONS FOR LIFE **THE GOLDEN 1000 DAYS**

Monday 16 November
8pm AEDT | 2:45pm Nepal

www.inf.org.au/webinars



Contact details presenter

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USEFUL RESOURCES

The 'thousanddays.org' website has a lot of useful information and background document and is worth exploring further – I have just posted the link to some essential documents.

https://thousanddays.org/wp-content/uploads/1_000Days-Nutrition-Lifelong-Health-FINAL.pdf

<https://thousanddays.org/why-1000-days/>

<https://thousanddays.org/wp-content/uploads/StandaloneCharts-2019Update-10BuildingBlocks.pdf>

<https://thousanddays.org/the-issues/the-global-picture/>

<https://thousanddays.org/wp-content/uploads/1000-Days-infographic-2020.pdf>

<https://thousanddays.org/source/1000-days/page/6/>

<https://thousanddays.org/wp-content/uploads/Vaccinations-Nutrition-COVID-19-1.pdf>

Information on economic benefit of investing in the first 12000 days

https://openknowledge.worldbank.org/bitstream/handle/10986/26069/Economic_benefits_WEB.pdf?sequence=10&isAllowed=y

Child nutrition – Malnutrition

<https://data.unicef.org/topic/nutrition/malnutrition/>

<https://infogram.com/1pddky9y0g3mr2hmv1q5rwzjwmikekj169v>

<https://motherchildnutrition.org/malnutrition/about-malnutrition/anthropometric-definitions-of-malnutrition.html>

Brain development and Nutrition

<https://www.unicef-irc.org/article/958-the-first-1000-days-of-life-the-brains-window-of-opportunity.html>

UNICEF Philippines website – interactive – easy to understand

<http://1000days.unicef.ph/app/index.html#start>

Alcohol in Pregnancy and FASD in Australia

<https://www.fasdhub.org.au/>

<https://www.nofasd.org.au/alcohol-and-pregnancy/what-is-fasd/>

<https://www.health.gov.au/sites/default/files/national-fasd-strategic-action-plan-2018-2028.pdf>

Golden 1000 days campaign in Nepal

<http://www.nfspd.gov.np/PublicationFiles/a9ac005c-e1c7-4492-964f-358b54731006.pdf>

First 2000 days initiative Australia

<https://www.health.gov.au/initiatives-and-programs/maternal-health-and-first-2000-days-womens-health-initiative>

2000 days framework NSW

https://www1.health.nsw.gov.au/pds/ActivePDSDocuments/PD2019_008.pdf

Alcohol labelling petition Australia

<https://fareaustralia.good.do/campaign/pregnancywarninglabel/>

Indigenous Australian Early Intervention Program (where Inge worked)

<https://www.anfpp.com.au/>

Some clips (including the ones shown at the Webinar)

<https://www.youtube.com/watch?v=mpyD19Sliaw>

<https://www.youtube.com/watch?v=yjgn2ZAepEo>

<https://www.youtube.com/watch?v=cVOjFIIP3z8>

<https://www.youtube.com/watch?v=NymebwpbL4c>

<https://www.youtube.com/watch?v=LkAsHsR3vA8>

<https://www.youtube.com/watch?v=QzQLPwvo07Q>

Other References

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