



What does 'The Church' struggle with most regarding kids and families?

What issues do you think parents struggle with most regarding their kids?

1. Workshop References

The 5 Love Languages of Children by Gary Chapman and Ross Campbell

<u>Factfulness</u> by Dr Hans Rosling, and take the test at https://www.gapminder.org/

Families in the Digital Age by Toni Hassan

Encouragement: The Key to Caring by Lawrence J. Crabb & Dan B. Allender

<u>Sacred Pathways</u> by Gary Thomas

The Resilience Doughnut by Lyn Worsley

Character Strengths (take the test for 10yrs+ https://www.viacharacter.org/)

<u>Families: Mine, Yours, Ours</u> by Sallie Hammond - very practical and do-able. Also a a course: https://familiescourse.com/

2. Research - Mental Health and Technology

Guiding Children Report https://www.barna.com/research/children-church-home/

- Nearly 9 out of 10 parents want their church involved in some capacity in sensitive conversations with their child
- Parents express a greater need for guidance and mentorship to support their family's spiritual life
- Parents of primary-schoolers are significantly more likely than parents with children of other ages to rely on the church
- Age 10-12 is when ministry leaders and parents believe kids are exposed to porn and sex or gender identity, to anxiety, depression and suicide. But kids are being exposed earlier than we expect, and we can't just assume kids will figure things out.

Technology Uuse and Mental Health https://journals.sagepub.com/doi/full/10.1177/2167702617723376

(Graphs https://journals.sagepub.com/doi/suppl/10.1177/2167702617723376/suppl_file/TwengeDepScreensSuppMaterial.pdf

Outline by Jean Twenge, 2017 https://theconversation.com/with-teen-mental-health-deteriorating-over-five-years-theres-a-likely-culprit-86996

World Happiness Report https://worldhappiness.report/ed/2019/

3. Research - Impact of Wealth and Consumerism

Money Giveth, Money Taketh Away: The Dual Effect of Wealth on Happiness https://journals.sagepub.com/doi/full/10.1177/0956797610371963

Endangered childhoods: how consumerism is impacting child and youth identity https://journals.sagepub.com/doi/abs/10.1177/0163443710393387

"Children are particularly vulnerable and generally unable to engage in selfreflection such that by the time they are adults the consumer ideology is well established as a foundation of identity."

Consumerism: Australian Research Sheds New Light On Attitudes - Both Within And Without The Church - Towards Consumption

https://www.sightmagazine.com.au/features/13225-consumerism-australian-research

A Review on Impact of Socialization Agents in Breeding Consumerism among Children (pester power) https://journals.sagepub.com/doi/full/10.1177/0972150915591654

How can The Church help?

What does our faith tell us kids need?

4. Resources for Christians

Consumed campaign - great church resources https://www.consumed.org.au/

Barna's Connected Generation Report: https://theconnectedgeneration.com

- Interviews with more than 15,000 young adults 18-35 in 25 countries and 9 languages, asking them about their goals, fears, relationships, routines and beliefs

Tim Costello's article in Eternity News: "Children want to see real faith" https://www.eternitynews.com.au/australia/children-want-to-see-real-faith/

John Ortberg's <u>God is Closer Than You Think</u> describes 7 spiritual pathways to God - relational, intellectual, serving, worship, activist, contemplative and creation.

Gratitude has significantly negative effects on depression https://www.sciencedirect.com/science/article/abs/pii/S0191886915004614

5. Bible verses

| Exodus 16:15-20 | Deuteronomy 15:1-11 | Proverbs 11:28, 30:8-9 |
|-------------------|-----------------------|------------------------|
| Ecclesiastes 5:10 | Matthew 6:19-21, 33 | Mark 4:18-19 |
| Luke 12:15 | Luke 16:14-31 | Acts 4:32-35 |
| Romans 12:2 | 2 Corinthians 8:13-15 | Philippians 4:6-13 |
| 1 Timothy 6:6-10 | Hebrews 13:5 | James 5:1-20 |

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